



SOCIAL MEDIA GUIDE



SOCIALISING WITH US

Thank you for joining our online community, we are glad to have you here.

At the Consent Coalition we understand the importance of connecting with people.

We have written this guide to help you get the most out of the Consent Coalition social media. This does not supersede the terms and conditions set by the platforms we use and whose rules we all must follow.

ABOUT US

The Consent Coalition is made up of 30+ Nottingham-based organisations and is supported by colleagues who are specialists in the sexual violence field.

We are raising awareness of consent and sexual violence through safe and responsible content and resources that are free to be shared.

We stand together to say that Nottingham does not tolerate any form of sexual violence and we hope that you will make this stand too.

OUR MESSAGE

A big part of what we do is online. This includes:

- starting positive conversations on consent
- challenging myths about rape and sexual violence
- increasing empathy towards survivors
- encouraging victims-survivors to access support and report

We have regular posts, often following a monthly or fortnightly theme, as well as affirming images and links to our free resources, relevant news and information.

We can be found here
@ConsentInNotts



on [Twitter](#), [Instagram](#) and [Facebook](#)

GET INVOLVED

We welcome organisations, groups and individuals to get involved with our conversations on consent. You can share any of our posts that you think are useful and tagging is always welcome. Posters and other resources can be found on [our website](#). You can find out more about supporting us [here](#).

However, we ask that images are not sold, changed or abused. Please do not remove our logo from items we have produced, as this is what helps other people find where we are.

The Consent Coalition has the intellectual property rights, including ownership and copyright on all its resources, campaigns and designs. We only endorse messages that are created by the coalition.



GETTING HELP

& PERSONAL DISCLOSURES

Our social media accounts are not managed on a 24-hour basis. They are not a safe space for public disclosures of personal experiences. We do not offer support via social media.

Anybody who messages us asking for support or advice will be signposted to relevant support services.

You can find out more about support in Nottingham/shire on [our website](#).

If you are unsafe or in immediate danger, call the police on 999.

KEEPING OUR SOCIAL MEDIA A SAFE SPACE

We want our social media space to be safe, diverse, inclusive and respectful

To help us with this, we ask that you are considerate to those online in the same way that you would be if meeting them in real life.

We reserve the right to hide or delete posts and comments, block accounts and report inappropriate content and those who post it.

We ask that you stay on topic where possible. If you post something onto our accounts that is unrelated to our work or the specific post you are commenting on we may hide or delete it.

While we do our best to keep our platforms a safe space, people are responsible for their own conduct and we cannot be held responsible for comments made on our posts.

We will not tolerate:

- Discriminatory, inappropriate language or hate speech (including but not limited to sexism, racism, homophobia, biphobia, transphobia, ableism and ageism)
- Personal attacks, threats or defamatory comments
- Hate, aggression or abuse
- Libellous or misleading content and misinformation
- Religious intolerance of any kind
- Offensive or distressing content or graphic images
- Trolling
- Spam or sales posts

CHALLENGING POSTS

We strive to create posts and share information which is useful to everyone. As part of this we might focus on specific themes, issues, dates or events, while other messages might challenge wider attitudes and understanding.

As with all accounts, sometimes you might find posts that are challenging or do not always align with your own personal beliefs. It is okay for you to use what you need and ignore what you don't.

Likewise, when we follow or interact with other accounts this is not an active endorsement of them or what they post.

SUGGESTIONS & FEEDBACK

We are always happy to hear your feedback. You can email us at consentcoalitionnotts@outlook.com with any of your comments, ideas and suggestions.

A NOTE ON SELF-CARE

It is very important to us that you are able to join us online in a way that is safe and meaningful to you. We know that talking about consent also includes talking about what consent is not - sexual violence.

Sometimes this can have a personal impact. This can be especially true if you are a survivor or you have received a negative response to something you have posted or shared. If you are being affected by this, it is okay for you to take a break and choose to do something nice for yourself.

We never engage with trolls and we do not expect you to do so either. Limiting interactions, silencing and blocking accounts are all valid ways of dealing with people who are causing you harm.

If you need support for something you have seen or experienced you can find support information on our [website](#).