

# How do I Access the ISVA Service?

If you are aged 18 and over and think you have experienced sexual violence our friendly, supportive team can help you access the service.

We can talk to you on the phone, via email and/or we can come and meet you at a location convenient to you. Very soon we will be able to offer support via Skype.

To make first contact with the service, you can contact us by phoning the helpline or by completing our referral form on our secure website.

**Telephone:** 0115 947 0064 (OPTION 2)

**Web:** [www.nottssvss.org.uk/contact](http://www.nottssvss.org.uk/contact)

## USEFUL SERVICES

### Notts SVS Services

Helpline: 0115 941 0440

[www.nottssvss.org.uk/contact](http://www.nottssvss.org.uk/contact)

### The Topaz Centre

Sexual Assault Referral Centre for Adults

0800 085 9993 | [www.topazcentre.org](http://www.topazcentre.org)

### EMCYPAS

Sexual Assault Referral Centre for 0-17 year olds

0800 183 0023 | [www.emcypas.co.uk](http://www.emcypas.co.uk)

### Imara

ISVA service for children and young people

[www.imara.org.uk](http://www.imara.org.uk) | [info@imara.org.uk](mailto:info@imara.org.uk)

Secure email: [secure.contact@imara.cjsm.net](mailto:secure.contact@imara.cjsm.net)

### 24hr Sexual Abuse and Domestic Violence Helpline

0808 800 0340

### Safeline For Males

0808 800 5005 | [www.safeline.org.uk/what-we-do/men/](http://www.safeline.org.uk/what-we-do/men/)

**This service is commissioned by:**



NOTTS  
SVS  
SERVICES

LISTEN  
BELIEVE  
SUPPORT



**NOTTINGHAMSHIRE SEXUAL VIOLENCE SUPPORT SERVICES**

30 CHAUCER STREET, NOTTINGHAM, NG1 5LP

HELPLINE | 0115 941 0440

WEB | [WWW.NOTTSSVSS.ORG.UK](http://WWW.NOTTSSVSS.ORG.UK)

**WE LISTEN  
WE BELIEVE  
WE SUPPORT**

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ISVA  
SERVICE

**INDEPENDENT SEXUAL VIOLENCE  
ADVISOR SERVICE**

**A Free & Confidential Service Supporting  
Survivors of Sexual Violence aged 18+**

**[WWW.NOTTSSVSS.ORG.UK](http://WWW.NOTTSSVSS.ORG.UK)**

## What is an ISVA?

An Independent Sexual Violence Advisor (ISVA) is a trained specialist who can support any adult survivor of recent or non-recent sexual violence. Their goal is to support and promote the safety and wellbeing of survivors.

Your ISVA can help you to explore your options and provide you with information to enable you to make informed choices.

We can offer impartial guidance on the processes involved in reporting a crime to the police and on taking your case through the criminal justice system, should you choose to do so.

We work with you and on your behalf to help you to understand your rights and access the services you are entitled to.

## How are we independent?

We are employed by Notts SVS Services, which means that we are not managed or influenced by any of the agencies that you may be in contact with, such as the Police or Crown Prosecution Service (CPS)

## What can your ISVA Offer You?

- ✓ Emotional and practical support to help you deal with the effects of rape, sexual assault or childhood sexual abuse, whether you wish to report it to the Police or not.
- ✓ Provide continuity for you by being a consistent point of contact for you and other services that you may be involved with.
- ✓ An explanation of Police procedures, the court process and support through the Criminal Justice System (CJS).
- ✓ Liaise with the Police and CPS on your behalf to obtain and relay information on case progress.
- ✓ Provide you with information about the full range of safety options and services available in a way that is clear to understand.
- ✓ Challenge other agencies on your behalf if you do not get the service from them that you are entitled to.
- ✓ Arrange and accompany you on pre-trial visits and support you throughout the court process.
- ✓ Refer you for counselling at Notts SVS Services, as appropriate
- ✓ Support with making applications to the Criminal Injuries Compensation Authority
- ✓ We can communicate and work with any other agencies and assist you with employers in relation to time off for appointments, negotiating a phased return to work or ongoing sick leave.

## Our Commitment to You

Our ISVA Service is available to anyone aged 18 and over and we are committed to ensuring our services are accessible regardless of gender, race/ethnic origin, religious belief, disability, marital status or sexual orientation. We can offer you a choice of a male or female support worker.

We believe in you having a choice and can provide you with information and support to help you make informed decisions about your future.

You can contact us via our website or by telephone. We will respond to your contact within one working day, where we will discuss your options with you and tell you about the services available.

**Telephone:** 0115 947 0064

**Web:** <https://nottssvss.org.uk/how-we-can-help/isva-service/>

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