


ISVA



What your Independent  
Sexual Violence Advisor can offer



Consent  
Coalition

## Independent Sexual Violence Advisors (ISVA)

An Independent Sexual Violence Advisor (ISVA) can offer emotional and practical support to help you deal with the effects of rape, sexual assault or childhood abuse. They can provide you with information about safety options, and help you understand your rights, and services that are available to you. An ISVA can help you communicate with other agencies including your work, housing, benefits and make referrals into other services, if required.

If you do not want to pursue criminal action, an ISVA can still support you with your emotional and physical wellbeing. An ISVA is independent from the Police.



## Support in the Criminal Justice System

An ISVA can provide you with an explanation of police procedures and the criminal justice system. If you choose to report to the Police, an ISVA can support you through the whole legal process, which can include liaising with the Police, Courts, Crown Prosecution Service (CPS) and other agencies on your behalf. They will keep you informed of developments in your case. They can also arrange pre-trial visits, special measures and support you before and during any trial.

### Making Contact

The ISVA service is based within Nottinghamshire Sexual Violence Support Services (Notts SVS Services). You can contact the ISVA service directly or ask someone to on your behalf. This can include an organisation or someone supporting you, such as a friend, family member, the NHS or the Police. If you require a male ISVA please let the team know.

### ISVA Referral

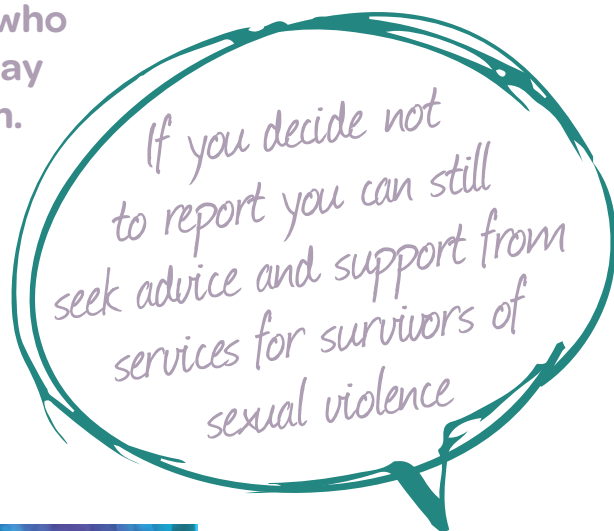
Once your referral has been received, you will be offered an initial appointment with an ISVA. This appointment will last around 1 hour and your ISVA will complete a safety and support assessment with you that will help to identify your support needs. You do not have to discuss anything you don't want to. Once the assessment has been completed, both you and your ISVA will discuss your options and agree a support plan.

Everything you tell your ISVA is treated in confidence, you do not have to tell them anything you feel uncomfortable talking about. There may be times where your ISVA may have to inform other agencies, for example if they feel there is a risk to you or others, they will always seek your consent for this.

**You and your ISVA will agree together how they will support you through your journey.**

In Nottingham there are specialist sexual violence support organisations, who support people who have experienced sexual violence and you may benefit from making contact with one of them.

Some people choose not to report an offence to the Police and that is entirely your choice.



**Topaz Centre**  
- Sexual Assault Referral Centre (SARC)

24hr Helpline Number: 0800 085 9993

[www.topazcentre.org](http://www.topazcentre.org)



**Nottinghamshire Sexual Violence Support Services (Notts SVS Services)**

0115 947 0064

[www.nottssvss.org.uk](http://www.nottssvss.org.uk)



**Nottinghamshire Police**

Emergency Number: **999**

Non Emergency Number: **101**

[www.nottinghamshire.police.uk](http://www.nottinghamshire.police.uk)



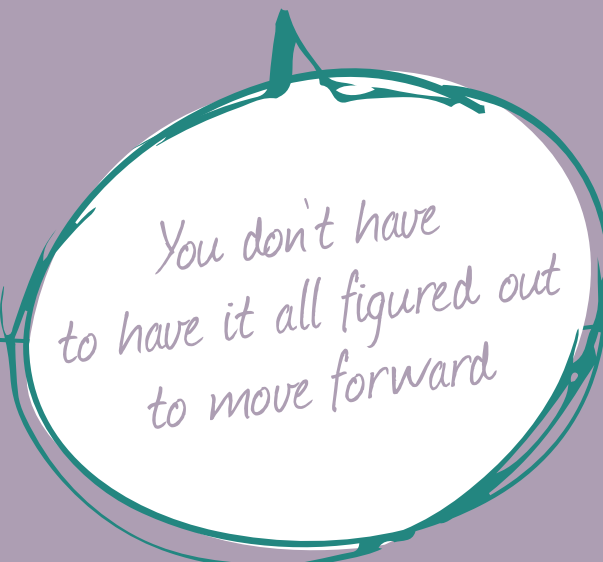
NOTTINGHAMSHIRE  
**POLICE**  
PROUD TO SERVE

**Nottingham and Nottinghamshire's 24 Hour Domestic & Sexual Violence Helpline**

0808 800 0340

[www.junowomensaid.org.uk](http://www.junowomensaid.org.uk)





You don't have  
to have it all figured out  
to move forward

Please feel free to visit the Consent Coalition website  
for more information and support [nottssvss.org.uk/consent-coalition/](https://nottssvss.org.uk/consent-coalition/)

