



Introduction

An introduction to your guide

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Deciding whether to report a rape or sexual assault can be difficult and very personal. This booklet has been written to provide information on the options available for reporting a sexual violence offence, and accessing specialist sexual violence support in Nottingham.

Please note that this booklet uses language that you might find distressing. You can stop reading or skip to another part at any time. You can always come back to read more when you are ready. It is important to go at your own pace.

A range of terms are used by different organisations at various stages of proceedings. You may hear the terms 'perpetrator', 'suspect' and 'defendant' used to describe the abuser, and 'complainant' or 'victim' to describe the survivor of sexual violence, as these terms are commonly used in law.

This booklet has been produced for adults (18+). The experience of reporting for children and young people under 18 years old can be quite different although specialist support is also available.

For support and information for children and young people (0-18 years) old please contact the East Midlands Children and Young People's Sexual Assault Service (www.emcypsas.co.uk)
The 24hour single point of access number is 0800 183 0023

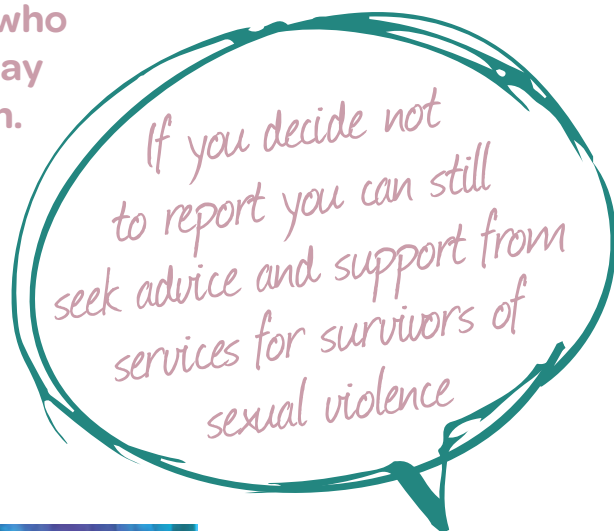
What is Sexual Violence?

Sexual violence is the term we use to describe any kind of unwanted sexual contact, act or activity; It includes rape and sexual assaults. "Unwanted" means that you have not consented or agreed by choice. A full definition can be found on this link, [click here](http://www.cps.gov.uk/sexual-offences) www.cps.gov.uk/sexual-offences

To help you understand this booklet we have included a number of definitions and explanations of legal and Police terminology. Where you see a word in **bold**, hover over the word to see the definition.

In Nottingham there are specialist sexual violence support organisations, who support people who have experienced sexual violence and you may benefit from making contact with one of them.

Some people choose not to report an offence to the Police and that is entirely your choice.



Topaz Centre
- Sexual Assault Referral Centre (SARC)

24hr Helpline Number: 0800 085 9993

www.topazcentre.org



Nottinghamshire Sexual Violence Support Services (Notts SVS Services)

0115 947 0064

www.nottssvss.org.uk



Nottinghamshire Police

Emergency Number: **999**

Non Emergency Number: **101**

www.nottinghamshire.police.uk



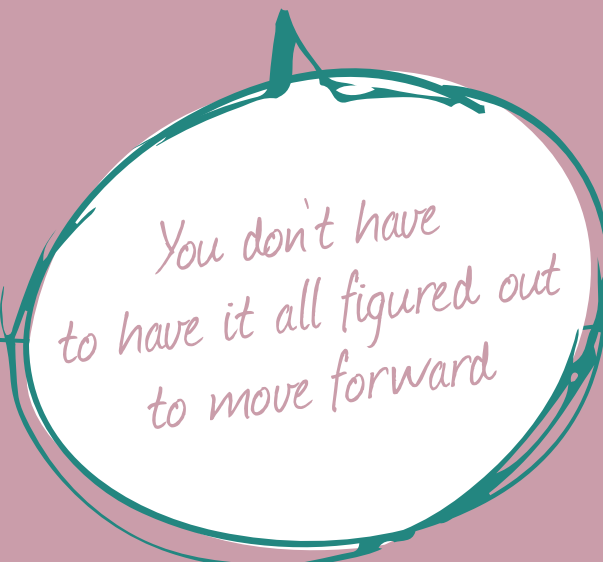
NOTTINGHAMSHIRE
POLICE
PROUD TO SERVE

Nottingham and Nottinghamshire's 24 Hour Domestic & Sexual Violence Helpline

0808 800 0340

www.junowomensaid.org.uk





*You don't have
to have it all figured out
to move forward*

Please feel free to visit the Consent Coalition website
for more information and support nottssvss.org.uk/consent-coalition/

