



O FOR ORGASM

Porn and popular culture all suggest that heterosexual sex climaxes when a man ejaculates. In reality, both people's pleasure is equally important and not all sex needs to lead to orgasm.

Asking the other person to show you what they like can be a good starting point. Communication and consent are at the heart of exciting, enjoyable sex.

A-Z OF CONSENT



For more information and support search **consentinnotts** or visit nottssvss.org.uk/consent-coalition

