



# T FOR TINTED GLASSES

When we get together with someone most of us see them through rose tinted glasses for a while. This can make it difficult to acknowledge to ourselves if some things aren't right.

If you're with someone who puts pressure on you to do things in bed, makes you feel guilty if you don't want to, or prioritises their own pleasure over your own, **these can all be warning signs that the relationship is not caring and consensual.**

## A-Z OF CONSENT



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