


“You get this idea in your head of what it must be like. But it wasn't like that, not at all.”

An illustration of an open book with several pages visible, and a pen lying horizontally across the top of the book. The drawing is done in a simple, sketchy style with brown and black lines.

We will believe you

One of the hardest things about asking for help, is the fear of not being believed. We know that sexual violence comes in many different forms and affects people of every gender, age and ethnicity. We will listen to you and we will believe you and we will not judge.

Notts SVS Services provides a free* range of services and therapies for victims and survivors of rape, sexual violence and abuse, aged 18+, who are living in Nottingham and Nottinghamshire. Our services are open, accessible and inclusive to all and will be tailored to meet your needs.



Asa
Support after sexual violence

0115 947 0064*

nottssvss.org.uk

**NOTTS
SVS
SERVICES**

**LISTEN
BELIEVE
SUPPORT**

* calls to our telephone number may be charged by your call provider at a local rate