

One of the hardest things about asking for help, is the fear of not being believed. We know that sexual violence comes in many different forms and affects people of every gender, age and ethnicity. We will listen to you and we will believe you and we will not judge.

Notes SVS Services provides a free\* range of services and therapies for victims and survivors, of rape, sexual violence and abuse, aged 18+, who are living in Nottingham and Nottinghamshire. Our services are open, accessible and inclusive to all and will be tailored to meet your needs.





0115 947 0064\*

nottssvss.org.uk

