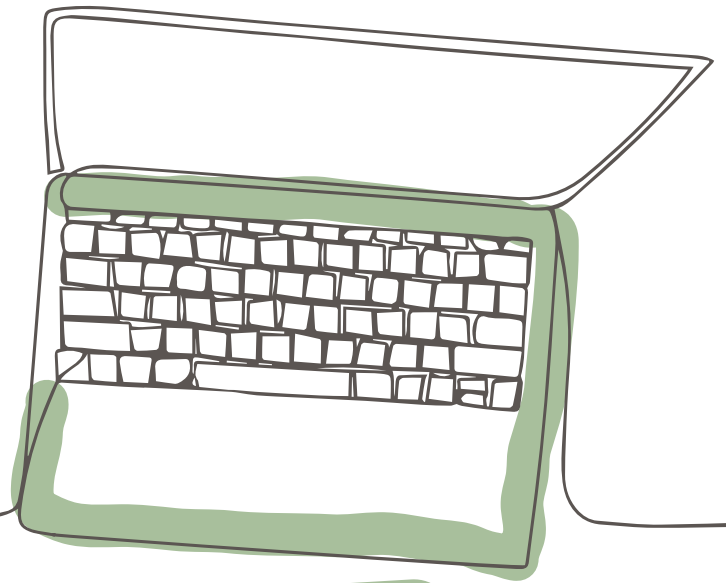


“Sometimes I feel like I have to do stuff and I don't know how to say no.”



We will support you

Sometimes talking about your experience of sexual violence or asking for help can seem like a tough first step. Our caring staff are trained and experienced in helping survivors of rape, sexual violence and sexual abuse. We will listen to you and work with you to help decide what support is right for you.

Notts SVS Services provides a free* range of services and therapies for victims and survivors of rape, sexual violence and abuse, aged 18+, who are living in Nottingham and Nottinghamshire. Our services are open, accessible and inclusive to all and will be tailored to meet your needs.



Asa
Support after sexual violence

0115 947 0064*

nottssvss.org.uk

**NOTTS
SVS
SERVICES**

**LISTEN
BELIEVE
SUPPORT**

* calls to our telephone number may be charged by your call provider at a local rate