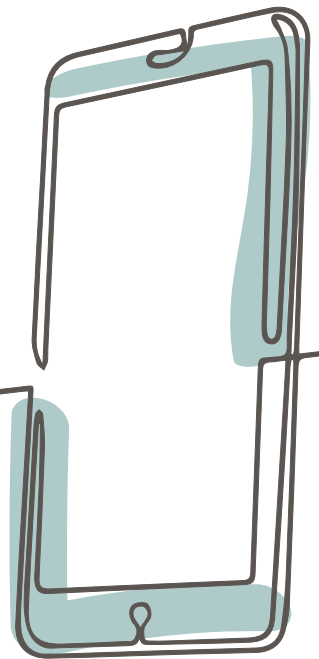


“I don't want to deal with this anymore but if I tell anyone, it will bring shame on my family.”



We will listen to you

Sometimes it can be hard to talk to people close to you about your experience of sexual violence or rape. We offer a safe space for you to talk about what has happened and get the support that is right for you. We will listen to you and we will believe you and we will not judge.

Notts SVS Services provides a free\* range of services and therapies for victims and survivors of rape, sexual violence and abuse, aged 18+, who are living in Nottingham and Nottinghamshire. Our services are open, accessible and inclusive to all and will be tailored to meet your needs.



**Asa**  
Support after sexual violence

0115 947 0064\* [nottssvss.org.uk](http://nottssvss.org.uk)

**NOTTS  
SVS  
SERVICES**

**LISTEN  
BELIEVE  
SUPPORT**

\* calls to our telephone number may be charged by your call provider at a local rate