

## **CONFIDENTIALITY**

Our service is confidential. Whatever you choose to tell us will not be disclosed to a third party, except in certain circumstances, for example where a child is in danger. These exceptions will be discussed with you before you use our services.

## **COUNSELLING HELPLINE**

The counselling helpline is staffed by female support workers who can offer support and information to anyone concerned about the impact of a sexual assault. You can ask to speak to a male support worker if you prefer to do so.

The counselling helpline provides a safe space to address any concerns, either for yourself or for a friend or family member. It can be an opportunity to begin to explore the impact of a sexual assault on your life or simply to request information or refer yourself into our other services.

**COUNSELLING HELPLINE: 0115 941 0440**