

PERSON SPECIFICATION

CBT/EMDR Therapist

Each item on this person specification will be assessed using 1 or more methods as indicated in the 3 columns.

A = Application Form I = Interview A I P

<u>ESSENTIAL</u>	<u>HOW IDENTIFIED</u>
Masters Level Qualification in Cognitive Behavioural Therapy <u>or</u> Post Graduate Diploma in Cognitive Behavioural Therapy and/or EMDR qualification and accreditation with the EMDR Association UK	A I
BABCP accredited or registered	A I
An awareness and understanding of sexual violence and its impact	A I
Experience of conducting risk/needs assessments & management	A I
Experience of working with mental health conditions, trauma and PTSD	A I
Experience of dealing with difficult situations	A I
Liaising with voluntary and statutory sector organisations; effective signposting and referrals	A I
Ability to use own initiative and follow instructions and guidance from Line Manager	A I
Able to work as part of a team and contribute to team and service developments	A I
Excellent IT skills	AI
Able to produce statistical and monitoring information; accurately input into a database system and undertake effective administration	A I
Ability to communicate effectively both verbally and written	A I
An understanding of Equal Opportunities principles and anti-discriminatory practice	A I
An understanding of confidentiality and professional boundaries	A I
Able to work regular evenings and weekends	A I
Evidence of professional and personal development and training	A I

<u>DESIRABLE</u>	<u>HOW IDENTIFIED</u>
Experience of working in a Primary Care/NHS Setting	A
Able to confidently deliver training sessions/talks if required	A
Experience of facilitating Group Therapy and Service User Consultation Groups if required	A
Able to contribute to organisational and service developments	A