



It's time to talk

Men's Health Event

Let's talk prostates
(and everything else men's health)

12noon - 5pm, Thursday 12th June

ACNA Centre, 31 Hungerhill Road
St Anns, NG3 4NB

"All speakers
raised my
awareness of
health issues
experienced by
men and services
that can support
them."

- Talks from Friends and Bredrins (FAB) & Dr Des Powe on Prostate Cancer; Maggie's on their support; Stroke Association; Refugee Roots & Notts SVSS
- Question & Answer Panel
- A range of stalls & information
- Health Checks (blood pressure, weight etc)
- Refreshments

**Free
Book online
or just turn up!**

"I was completely blind on
the topic of prostate
cancer and the talk about
it really made me think.
I will definitely be getting
my blood test done."



NOTTS
SVS
SERVICES

LISTEN
BELIEVE
SUPPORT

