

# sexual abuse & sexual violence

## AWARENESS WEEK

NOTTS  
SVS  
SERVICES

Join Notts SVSS in  
our Week of Action  
for SASVAW

<https://nottssvss.org.uk/sasvaw-2026/>  
[Instagram](#)   [Facebook](#)   [LinkedIn](#)

#SASVAW2026 #Purple4Survivors

## Join our Week of Action

The 2<sup>nd</sup> – 8<sup>th</sup> February is Sexual Abuse and Sexual Violence Awareness Week. This week, Notts SVSS are asking individuals and organisations to take part in our week of action and to stand in solidarity with survivors.

Information about the week, including downloads and resources are on our campaign webpage: <https://nottssvss.org.uk/sasvaw-2026/>

Links to all blogs will be made available at the beginning of the week.

### sexual abuse & sexual violence AWARENESS WEEK

<b>Monday</b>	<b>Instagram Takeover</b> @ConsentInNotts kick off SASVAW
<b>Tuesday</b>	<b>Legal changes</b> Understanding new + proposed laws
<b>Wednesday</b>	<b>World Cancer Day</b> Supporting survivors with screening
<b>Thursday</b>	<b>SASVAW event</b> Join us at the Friends Meeting House
<b>Friday</b>	<b>Wear purple</b> Show support for survivors
<b>Saturday</b>	<b>Safe Space Notts</b> The scheme making Nottingham safer
<b>Sunday</b>	<b>Boost your self esteem</b> Help raise funds to support survivors

## Monday – Share messages on consent

Today, the Consent Coalition are going to be taking over our [Instagram](#). There has been lots happening with the Consent Coalition since their last takeover. Today, they'll be sharing links to lots of their free and sharable resources, as well as sharing some messages on consent. Follow us for lots of free downloads and information to help you talk about consent online, at home and in your workspace!



## Tuesday – Get up to date on new laws and campaigns

This year has been a bumper year for new laws, plans for legal change and campaign wins across the sector. Have a look at our overview and celebrate the wins with us, where we can continue to push for change and links to wider information.



## Wednesday – Get tips on how to handle intimate check-ups

We know it can be very challenging for survivors of sexual violence to attend intimate check-ups. This is especially the case when we're thinking about smear tests or tests for prostate cancer. There are lots of things that can be done to help make the process easier, removing barriers so that you can take control of your health. Join us on our socials today and share hints and tips and for more detail, including links to downloadable content and our blog.



## Thursday – Join our in-person wellbeing event!

Today, we are hosting an in-person event with [Nottingham Women's Centre](#). The event is for all adults\*, with women-only activities held at Nottingham Women's Centre and mixed-gender activities at the Friends Meeting House.

The event is open to anyone interested in wellbeing, empowerment and support during Sexual Abuse and Sexual Violence Awareness Week.

You are welcome to come alone or bring a friend. There will be lots of stalls, wellbeing talks and discussions, presentations, information and activities such as Zumba and crafts. We will also have refreshments available.

Let us know that you're coming beforehand [by booking on Eventbrite](#).

\*The event is aimed at adults and some of the talks will be unsuitable for children. While there is no creche, there will be some activities which children might like to take part in. Children remain the responsibility of their adult caregivers at all times.



## Friday – Wear purple

Yes – it's wear purple day! A chance to stand in solidarity with victims and survivors of sexual violence. Get planning your outfits now and if you're at work or with friends why not arrange something purple together – eg a purple bring-and-share lunch or a dress purple day? Don't forget to tag us in on your socials:

#Purple4Survivors #Purple4NottsSVSS @nottssvss



## Saturday – the Safe Space Pledge

Nottingham is a vibrant city and we know that many people will be heading out to enjoy Light-Night, restaurants, pubs and clubs. We are asking everyone going to the city to find out about the Safe Space Pledge.

Over 80 venues are signed up to the pledge, which helps to keep anyone who is vulnerable safe. Spaces offer trained staff, access to physical safe spaces and information on what to do if you feel unsafe, including 'Ask for Angela.'

Check out the [Safe Space Notts website](#) for more information about the pledge and why we're asking everyone to identify three safe spaces before they head out. And don't forget to [get on your socials](#) and share, share, share!



## Sunday – Support our work for free!

There are lots of ways that you can support Notts SVSS. The Easy Fundraising App enables businesses to donate to us free-of-charge when doing your online shopping!

If pulling on your running shoes or oven gloves is more your thing, why not set up your own sponsorship page on Just Giving? One-off or regular donations are always welcome. If you work for a business, why not consider making us your charity for the year or the month?

Find out [how to support our work on our website](#), and give yourself a warm glow inside!



For queries about Notts SVSS Week of Action  
or linking up with us on some joined work,  
please contact Karen: [media@nottssvss.org.uk](mailto:media@nottssvss.org.uk)



#Purple4Survivors